The meeting was called to order at 9:00 AM by Tony Barilla, Chair.

Members and Visitors Present


Introduction of Guest by Sam Baker:

Tom Melton Strength and Conditioning Head Coach:

- On average 1,200 student-athletes work out at Iron Works in a week. The strength and conditioning staff focuses on teaching not only proper weight training but also nutrition. The goal is to teach healthy life skills through proper nutrition and training. Weekly a diet history is reviewed with each student-athlete. Rebecca Black, Health & Kinesiology instructor has been very helpful. NCAA is very stringent on the supplements given to student-athletes, but the use of approved products is very beneficial to the student-athlete.

Approval of Minutes

- The minutes of the meeting for September 24, 2010 were unanimously approved.

Financial Update

Jeff Blythe:

- Football revenue - will meet budget once the Navy guarantee arrives.
- Expenses – continue monitoring.

Schedule Approvals

Cathy Beene:

- Distributed Indoor/Outdoor Track and Field 2010-2011 schedule. Asking for an exception for the team traveling within 3 days of final exams. The team will compete on Saturday, December 4 and return that night. The schedule is in compliance with institutional guidelines and NCAA Bylaws. The schedule was approved.

Athletics Update

Sam Baker:

- Appreciate Tom Melton providing the update on the Strength and Conditioning program. Nutrition has become a large part of training.
- The tragic death of the Notre Dame student filer has made everyone more aware of safety issues. Talked with Roger Inman and Brandy Clouse to make sure Athletics is taking steps to ensure safety.
- Keith Roughton recently traveled to another institution as a member of the NCAA Peer Review Team. This experience will benefit the department with the upcoming certification.
- The Athletic Hall of Fame banquet is tonight and there will be a half-time presentation at the game tomorrow. Paul Johnson and Greg Hill will be inducted along with Tara Chaisson Epps, Pat Douglas, Stacey Scheible, Jeff Shireman, and Britta Wilms.
- The football game contract has been cancelled with North Dakota State for 2011. Gained the ability to secure a sixth home game which is important to the program.
- Football lost tough games to Chattanooga and Wofford.
- Both soccer programs are finishing their seasons.
- Volleyball had one of their most exciting matches ever against Furman last night. They now have 19 wins. Next Friday night they have a game against The Citadel. Men’s basketball has an exhibition game immediately after the volleyball match. Saturday football plays App. State and volleyball plays College of Charleston that night.
- Attended the Southern Conference meeting in Spartanburg, SC on October 26th and 27th.

NCAA Representative Update

Chris Geyerman:
- Attended the Southern Conference meeting in Spartanburg, SC on October 26th and 27th.
- The Executive Committee nominated conference representatives to NCAA committees for which there were vacancies.
- FAR’s discussed drug testing, institutional PE requirements, and “My Playbook” which is a drug and alcohol prevention program.

Athletic Foundation Report

John Mulhern:
- The annual campaign has ended.
- Now exploring opportunities for year-end giving.

New Business

- None.

Old Business

- Next meeting is scheduled for November 19 at 9:00 AM.

The meeting was adjourned at 9:27 AM

Respectfully submitted,

Lanell VanLandingham
Senior Administrative Secretary
Department of Athletics